

What to say when asked **How** 'Sausages Save Sight'?



The answer is ... funds raised from the sale of sausages are utilised by the **Lions Eye Health Program**, which aims to reduce the incidence and impact of vision loss in Australia.

LEHP provides education programs to encourage all Australians to have **Regular Eye Examinations** to detect undiagnosed vision conditions and the effects of Diabetic Retinopathy, Age-related Macular Degeneration and Glaucoma.

LEHP also conducts **Vision Screenings** in schools, sporting clubs and community centres throughout the country to detect vision problems in children, so they will not fall behind in school because of poor vision and can have the best possible start in life. Children's Screenings have found that 1 in 5 children have an undetected vision condition.

Diabetic Retinopathy, small blood vessel complications which can lead to blurred and patchy vision, vision loss and blindness, can be developed equally by both Type 1 and Type 2 diabetes sufferers.

Age-related Macular Degeneration effects the macular, which is part of the retina, situated at the back of the eye and removes central vision.

Glaucoma is a condition where the nerve cells that transmit information from the eye to the brain become damaged and slowly takes over an individual's peripheral (or side) vision.

Once vision is lost through these conditions it cannot be restored, however there are simple and effective methods of controlling these and preventing any further vision loss.

In fact 90% of vision loss in Australia is avoidable or treatable.

Too many Australians are losing their sight, when it didn't have to be the case. Vision Loss can happen to anyone at any age so early detection is vital.

The **Lions Eye Health Program** message is to get your eyes tested and make sure children are also tested.

More information can be found on the LEHP website www.lehp.org.au



Lions
Eye Health Program
Australia